

Table I. Normal Values

	Men	Women
Hemoglobin (g/dL)	14.0 – 17.0	12.3 – 15.3
Hematocrit	41.5 – 50.4	36 – 45
MCV (fl)	80 – 96	80 – 96
MCH (pg)	27.5 – 33.2	27.5 – 33.2
MCHC (g/dL)	33.4 – 33.5	33.4 -35.5
Reticulocyte count (%)	0.5 – 2.5	0.5 – 2.5
Vitamin B12 (pg/ml)	160 – 950	160 – 950
Folate (ng/ml)	2 – 25	2 – 25
Iron (ug/dl)	60 – 150	60 – 150
Erythropoietin (mU/ml)*	5 – 30	5 - 30

*varies in proportion with the degree of anemia